



| # | Name | WK | Ort | Zeit | Platz | -WK |
|------|------------------------|-----|-------------------------------|-----------|-------|-----|
| 3603 | Spaich, Christian | M40 | | 0:43:07,2 | 1 | 1 |
| 3609 | Saleh, Fateh | M40 | | 0:45:25,6 | 2 | 2 |
| 3593 | Afewerki, Jonas | M20 | | 0:46:27,3 | 3 | 1 |
| 3409 | Haustein, Sarah | W20 | Löhnberg | 0:48:33,7 | 4 | 1 |
| 3416 | Ranft, Michael | M20 | Wetzlar | 0:48:33,7 | 4 | 2 |
| 3580 | Krampe, Jörg | M45 | | 0:48:44,4 | 6 | 1 |
| 3411 | Hubert, Jens | M30 | Lahnau | 0:48:51,4 | 7 | 1 |
| 3573 | Kappes, Gerrit | M20 | | 0:50:15,8 | 8 | 3 |
| 3426 | Sayed, Ibrahim | MJA | Weilrod | 0:51:03,1 | 9 | 1 |
| 3508 | Stöckl, Udo | M45 | Runkel-Arfurt, Lahn | 0:52:12,9 | 10 | 2 |
| 3592 | Diehl, Karsten | M45 | | 0:52:13,0 | 11 | 3 |
| 3498 | Georgi, Mathias | M45 | Weilburg | 0:52:41,7 | 12 | 4 |
| 3465 | Klantke, Andreas | M40 | Oberursel (Taunus) | 0:54:51,6 | 13 | 3 |
| 3575 | Peusch, Jens | M40 | | 0:55:40,5 | 14 | 4 |
| 3421 | Amini, Qasem | MJA | Weilrod | 0:55:50,6 | 15 | 2 |
| 3576 | Massouli, Fetrat Ullah | M20 | | 0:56:10,1 | 16 | 4 |
| 3476 | Prehl, Steffen | M30 | Frankfurt | 0:56:12,5 | 17 | 2 |
| 3479 | Maier, Siegrid | W45 | Runkel, Lahn | 0:56:18,5 | 18 | 1 |
| 3478 | Maier, Frank | M45 | Runkel, Lahn | 0:56:18,6 | 19 | 5 |
| 3422 | Amiri, Zehrollah Zico | M20 | Weilrod | 0:56:49,0 | 20 | 5 |
| 3464 | Feist, Daniel | M35 | Hofheim am Taunus | 0:57:00,4 | 21 | 1 |
| 3469 | Schüpphaus, Kevin | M30 | Oberursel (Taunus) | 0:57:09,3 | 22 | 3 |
| 3468 | Jungermann, Marko | M30 | Neu-Anspach | 0:57:14,1 | 23 | 4 |
| 3467 | Colligs, Christian | M30 | Bad Homburg vor der Höhe | 0:57:18,1 | 24 | 5 |
| 3412 | Klein, Gunnar | M50 | Mengerskirchen | 0:57:29,1 | 25 | 1 |
| 3595 | Braun, Marius | M20 | | 0:57:30,1 | 26 | 6 |
| 3493 | Höhler, Christoph | M55 | Villmar | 0:57:45,3 | 27 | 1 |
| 3437 | Brumm, Anna | WJA | Weilmünster | 0:57:56,0 | 28 | 1 |
| 3436 | Blum, Robert | M65 | Grävenwiesbach | 0:57:56,1 | 29 | 1 |
| 3453 | Knörr, Ulrich | M50 | Möglingen (Kreis Ludwigsburg) | 0:58:05,1 | 30 | 2 |
| 3513 | Frank, Elke | W50 | Langgöns | 0:58:15,6 | 31 | 1 |
| 3572 | Würz, Markus | M45 | Villmar | 0:58:21,9 | 32 | 6 |
| 3554 | Mückschel, Claus | M45 | Weilburg | 0:59:04,6 | 33 | 7 |
| 3528 | Flammersberger, Frank | M40 | Schmitten (Taunus) | 0:59:12,6 | 34 | 5 |
| 3555 | Mückschel, Flora | WJA | Weilburg | 0:59:14,1 | 35 | 2 |
| 3503 | Joost, Thomas | M45 | Eisenbach | 0:59:17,0 | 36 | 8 |
| 3594 | Ritter, Janine | W35 | | 0:59:17,3 | 37 | 1 |
| 3423 | Brechtel, Rainer | M60 | Weilrod | 0:59:36,5 | 38 | 1 |
| 3432 | Keil, Carsten | M35 | Weilrod | 1:00:20,9 | 39 | 2 |
| 3434 | Schmidt, Christian | M40 | Weilmünster | 1:00:22,0 | 40 | 6 |
| 3507 | Heller, Klaus-Peter | M50 | Taunusstein | 1:00:35,3 | 41 | 3 |
| 3431 | Henniges, Ingo | M50 | Weilmünster | 1:01:07,5 | 42 | 4 |
| 3509 | Tuczek, Klaus | M55 | Greifenstein, Hessen | 1:01:14,4 | 43 | 2 |
| 3574 | Schuh, Karl-Heinz | M65 | | 1:01:29,4 | 44 | 2 |
| 3531 | Hahn, Christian | M35 | Runkel, Lahn | 1:01:55,0 | 45 | 3 |
| 3547 | Leuninger, Andre | M35 | Oberrod | 1:02:46,9 | 46 | 4 |
| 3605 | Mohnke, Christiane | W60 | | 1:02:48,8 | 47 | 1 |
| 3598 | Grossmann, Joachim | M45 | | 1:03:14,9 | 48 | 9 |
| 3517 | Baumgärtner, Stefan | M40 | Hünstetten | 1:03:16,0 | 49 | 7 |



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| 3486 | Bischoff, Oliver | M20 | Herborn, Hessen | 1:03:19,4 | 50 | 7 |
| 3445 | Sievers, Lydia | W20 | Braunfels | 1:03:23,1 | 51 | 2 |
| 3602 | Schimpf, Rainer | M50 | | 1:03:41,5 | 52 | 5 |
| 3466 | Rockmann, Marc | M20 | Bad Homburg vor der Höhe | 1:03:56,3 | 53 | 8 |
| 3538 | Janke, Benjamin | M30 | Schmitten (Taunus) | 1:04:09,5 | 54 | 6 |
| 3534 | Haverkamp, Stefan | M20 | Ober-Mörlen | 1:04:12,4 | 55 | 9 |
| 3569 | Teutsch, Christopher | M20 | Gießen, Lahn | 1:04:12,7 | 56 | 10 |
| 3606 | Quirin, Jessica | W40 | | 1:04:28,8 | 57 | 1 |
| 3483 | Sørensen, Flemming | M45 | Wehrheim | 1:05:14,5 | 58 | 10 |
| 3487 | Stoll, Theresa | W20 | Mittenaar | 1:05:16,0 | 59 | 3 |
| 3523 | Burbach, Richard | M50 | Bad Camberg | 1:05:20,4 | 60 | 6 |
| 3571 | Weck, Peter | M50 | Idstein | 1:05:26,7 | 61 | 7 |
| 3433 | Rosenkranz, Daniel | M20 | Weilmünster | 1:05:34,4 | 62 | 11 |
| 3601 | Haas, Holger | M55 | | 1:05:39,1 | 63 | 3 |
| 3599 | Braun, Wolfram | M45 | | 1:05:39,2 | 64 | 11 |
| 3527 | Fink, Konstantin | M35 | Weilmünster | 1:06:02,7 | 65 | 5 |
| 3589 | Klees, Markus | M40 | | 1:06:37,8 | 66 | 8 |
| 3477 | Straussner, Martina | W20 | Frankfurt am Main | 1:06:52,2 | 67 | 4 |
| 3561 | Schauß, Michael | M45 | Weilmünster | 1:06:56,0 | 68 | 12 |
| 3588 | Klös, Jasmin | W35 | | 1:07:02,3 | 69 | 2 |
| 3429 | Volkmar, Dirk | M50 | Weilrod | 1:07:14,2 | 70 | 8 |
| 3501 | Dietrich, Rainer | M55 | Frankfurt am Main | 1:07:25,1 | 71 | 4 |
| 3558 | Roos, Dagmar | W40 | Frankfurt am Main | 1:07:32,7 | 72 | 2 |
| 3608 | Pemsel, Svenja | W30 | | 1:07:35,3 | 73 | 1 |
| 3489 | Weil, Roland | M50 | Karben | 1:07:39,8 | 74 | 9 |
| 3455 | Steinhauer, Sabine | W55 | Ingelheim am Rhein | 1:07:50,5 | 75 | 1 |
| 3451 | Horz, Markus | M50 | Weilburg | 1:07:52,4 | 76 | 10 |
| 3567 | Teiber, Sandra | W35 | Friedrichsdorf, Taunus | 1:08:24,2 | 77 | 3 |
| 3604 | Kohl, Helga | W50 | | 1:08:25,0 | 78 | 2 |
| 3553 | Michalla, Julia | W30 | Friedrichsdorf, Taunus | 1:08:25,3 | 79 | 2 |
| 3510 | Albert, Etienne | MJA | Neu-Anspach | 1:08:30,7 | 80 | 3 |
| 3525 | Degen, Marco | MJA | Wehrheim | 1:08:36,7 | 81 | 4 |
| 3454 | Möglich, Jens-Uwe | M50 | Braunfels | 1:08:52,4 | 82 | 11 |
| 3430 | Hartmann, Dirk | M45 | Kelkheim (Taunus) | 1:09:21,1 | 83 | 13 |
| 3480 | Etzrodt, Axel | M50 | Niederdorfelden | 1:09:41,1 | 84 | 12 |
| 3560 | Sattelmeier, Melina | WJA | Weilrod | 1:10:08,6 | 85 | 3 |
| 3500 | Baum, Emilia | W55 | Weilburg | 1:10:12,7 | 86 | 2 |
| 3481 | Goroll, Nora | W35 | Niddatal | 1:10:17,0 | 87 | 4 |
| 3546 | Lange, Sascha | M40 | Cadolzburg | 1:10:30,3 | 88 | 9 |
| 3499 | Thomaschky, Eggord Petra | W45 | Wiesbaden | 1:10:44,3 | 89 | 2 |
| 3522 | Burbach, Petra | W50 | Bad Camberg | 1:10:49,3 | 90 | 3 |
| 3577 | Meier, Claudia | W40 | | 1:11:01,6 | 91 | 3 |
| 3417 | Schneeberger, Peter | M55 | asslar | 1:11:43,8 | 92 | 5 |
| 3420 | Wegerle, Anke | W55 | Wetzlar | 1:11:43,9 | 93 | 3 |
| 3440 | Stadtler, Manfred | M55 | Weilmünster | 1:11:52,5 | 94 | 6 |
| 3565 | Simon, Karsten | M45 | Neu-Anspach | 1:12:01,6 | 95 | 14 |
| 3518 | Beck, Anne Valeska | W30 | Offenbach am Main | 1:12:57,7 | 96 | 3 |
| 3536 | Heym, Jessica | W30 | Frankfurt am Main | 1:12:57,7 | 96 | 4 |
| 3472 | Schmidt, Axel | M45 | Bad Camberg | 1:12:58,2 | 98 | 15 |
| 3470 | Escher, Matthias | M50 | Bad Camberg | 1:12:58,3 | 99 | 13 |



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|------|---------------------------|-----|----------------------|-----------|-----|----|
| 3495 | Köring, Georg | M55 | Essen, Ruhr | 1:13:15,0 | 100 | 7 |
| 3563 | Senft, Jürgen | M45 | Weilmünster | 1:13:23,9 | 101 | 16 |
| 3597 | Ciebum, Thomas | M40 | | 1:13:24,1 | 102 | 10 |
| 3496 | Koridaß, Volker | M65 | Oberursel (Taunus) | 1:14:08,8 | 103 | 3 |
| 3530 | Frank, Reinhard | M55 | Langgöns | 1:14:18,2 | 104 | 8 |
| 3459 | Peter, Ulrich | M55 | Weilburg | 1:14:26,4 | 105 | 9 |
| 3458 | Immel, Bernadette | W45 | Löhnberg | 1:14:26,4 | 105 | 3 |
| 3456 | Fiedler, Oliver | M50 | Weilburg | 1:14:26,5 | 107 | 14 |
| 3587 | Treutel, Michael | M50 | | 1:14:26,5 | 107 | 15 |
| 3484 | Mohr, Michael | M20 | Gießen, Lahn | 1:14:28,1 | 109 | 12 |
| 3443 | Kramer, Lukas | M20 | Weilburg | 1:14:32,5 | 110 | 13 |
| 3583 | Haase, Leah | WJA | | 1:14:41,8 | 111 | 4 |
| 3581 | Haase, Erik | M45 | | 1:14:42,7 | 112 | 17 |
| 3497 | Heinz, Eleonore | W50 | Steinbach (Taunus) | 1:14:57,0 | 113 | 4 |
| 3526 | Ferdinand, Sandra | W30 | Weinbach | 1:15:28,7 | 114 | 5 |
| 3504 | Janssen, Dagmar | W55 | Wetzlar | 1:15:31,7 | 115 | 4 |
| 3556 | Pastora, Bernhard | M60 | Neu-Anspach | 1:15:34,0 | 116 | 2 |
| 3578 | Szymoniak, Kristina | W20 | Mainz am Rhein | 1:15:40,7 | 117 | 5 |
| 3415 | Pilz, Petra | W55 | Solms, Lahn | 1:15:52,1 | 118 | 5 |
| 3407 | Falkner, Claudia | W45 | Wetzlar | 1:16:20,3 | 119 | 4 |
| 3582 | Haase, Sabine | W45 | | 1:16:29,5 | 120 | 5 |
| 3591 | Gelbert, Gerwid | W50 | | 1:16:31,6 | 121 | 5 |
| 3559 | Rücker, Rebecca | W30 | Ehringshausen, Dill | 1:16:34,8 | 122 | 6 |
| 3562 | Schupp, Kathrin | W30 | Ehringshausen, Dill | 1:16:34,8 | 122 | 7 |
| 3557 | Plettenberg, Lisa | W20 | Hohenahr | 1:16:34,8 | 123 | 6 |
| 3444 | Schäfer, Renate | W60 | | 1:16:42,3 | 125 | 2 |
| 3610 | Zuth, Belma | W30 | | 1:16:48,0 | 126 | 8 |
| 3447 | Bletz, Bettina | W40 | Neu-Anspach | 1:16:58,0 | 127 | 4 |
| 3448 | Göhmann, Sonja | W40 | Neu-Anspach | 1:16:58,2 | 128 | 5 |
| 3519 | Berg, Rolf | M60 | Frankfurt am Main | 1:16:58,8 | 129 | 3 |
| 3516 | Schuckart, Christine | W45 | Oberursel (Taunus) | 1:17:34,4 | 130 | 6 |
| 3406 | Berg, Franz Josef | M55 | Lahnau | 1:17:41,2 | 131 | 10 |
| 3441 | Behr, Dirk | M45 | Weilburg | 1:17:52,0 | 132 | 18 |
| 3568 | Teutenberg, Andrea | W50 | Neu-Anspach | 1:17:52,8 | 133 | 6 |
| 3552 | Mensch, Beate | W50 | Wiesbaden | 1:18:25,2 | 134 | 7 |
| 3586 | Ruoff, Renate | W55 | Neu-Anspach | 1:18:35,1 | 135 | 6 |
| 3585 | Ruoff, Rolf-Peter | M55 | Neu-Anspach | 1:18:35,1 | 135 | 11 |
| 3414 | Lückhof, Meike | W45 | Greifenstein, Hessen | 1:18:47,7 | 137 | 7 |
| 3461 | Klipstas, Thomas | M55 | Wehrheim | 1:19:17,6 | 138 | 12 |
| 3544 | Krämer, Mathias | M35 | Weinbach | 1:19:43,1 | 139 | 6 |
| 3505 | Rosenthal, Ursula | W60 | Dornburg, Westerwald | 1:19:45,2 | 140 | 3 |
| 3515 | Reincke, Alexander | M40 | Kelkheim (Taunus) | 1:20:31,2 | 141 | 11 |
| 3506 | Heibel, Manuela | W40 | Edingen-Neckarhausen | 1:20:40,5 | 142 | 6 |
| 3540 | Kettenuß, Anke | W40 | Weilrod | 1:21:16,6 | 143 | 7 |
| 3413 | Klumpp, Susanne | W50 | Greifenstein, Hessen | 1:21:34,8 | 144 | 8 |
| 3418 | Simon, Jochen | M70 | Wetzlar | 1:21:36,8 | 145 | 1 |
| 3564 | Shudo, | M55 | Frankfurt am Main | 1:21:49,1 | 146 | 13 |
| 3537 | Imai, Chikako | W35 | Frankfurt am Main | 1:21:55,4 | 147 | 5 |
| 3584 | Schmidt, Anneliese | W65 | | 1:22:15,3 | 148 | 1 |
| 3408 | Gerhardt-Klein, Stephanie | W45 | Mengerskirchen | 1:22:19,2 | 149 | 8 |



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|------|---------------------------------|-----|-------------------|-----------|-----|----|
| 3446 | Bletz, Manfred | M45 | Neu-Anspach | 1:22:22,8 | 150 | 19 |
| 3439 | Hofmann, Elke | W45 | Löhnberg | 1:22:38,2 | 151 | 9 |
| 3452 | Jost, Frank | M50 | Brüssel/Belgien | 1:22:43,4 | 152 | 16 |
| 3590 | Büches, Walter | M50 | | 1:23:17,5 | 153 | 17 |
| 3521 | Büchs, Katja | W50 | Weilmünster | 1:23:17,9 | 154 | 9 |
| 3494 | Hartmann, Werner | M60 | Neu-Anspach | 1:24:34,2 | 155 | 4 |
| 3485 | Pfeifer, Christoph | M20 | Mengerskirchen | 1:26:43,8 | 156 | 14 |
| 3463 | Wieth, Doris | W60 | Wehrheim | 1:27:17,3 | 157 | 4 |
| 3460 | Klipstas, Birgit | W50 | Wehrheim | 1:27:17,5 | 158 | 10 |
| 3428 | Voigt, Dirk | M65 | Grävenwiesbach | 1:27:48,3 | 159 | 4 |
| 3449 | Göhmann, Carsten | M45 | Neu-Anspach | 1:29:04,5 | 160 | 20 |
| 3482 | Schimmel, Oliver | M40 | Oppenheim | 1:29:41,7 | 161 | 12 |
| 3325 | Löw Scharf, Martina | W55 | | 1:30:05,9 | 162 | 7 |
| 3600 | Reincke, Sofia | W40 | | 1:31:09,2 | 163 | 8 |
| 3550 | Machura, Frank | M50 | Offenbach am Main | 1:31:35,8 | 164 | 18 |
| 3607 | Rosenkranz-Hirschhäuser, Sylvia | W65 | | 1:31:43,3 | 165 | 2 |
| 3427 | Voigt Mulder, Marjolein | W65 | Grävenwiesbach | 1:31:50,0 | 166 | 3 |
| 3524 | Büttgen, Claudia | W50 | Grävenwiesbach | 1:32:03,7 | 167 | 11 |
| 3566 | Stapper, Andre | M45 | Grävenwiesbach | 1:33:26,2 | 168 | 21 |
| 3491 | Westenberger, Ann-Kathrin | WJA | Kelkheim (Taunus) | 1:37:05,0 | 169 | 5 |
| 3490 | Westenberger, Sandra | W40 | Kelkheim (Taunus) | 1:37:05,5 | 170 | 9 |
| 3551 | Mahr, Bernhard | M50 | Weilrod | 1:37:21,3 | 171 | 19 |
| 3492 | Hanika, Martin | M60 | Langgöns | 1:38:45,4 | 172 | 5 |
| 3457 | Hirmer, Katja | W40 | Weinbach | 1:39:24,8 | 173 | 10 |
| 3514 | Biermas, Anne | W35 | Weinbach | 1:42:14,0 | 174 | 6 |